

Welcome to the 2024 Golden Kettle Trail Series!

It's a pleasure to have you racing with us at the SIXTH race of the 2024 Series. We are thrilled to be celebrating our fifth year racing the beautiful trails of the Northern & Southern Kettles. This series is laid back by design – from our stress-free, open start to self-timing, we strive to make race day as stress free and fun as possible!

My team and I are pumped to have you join us. We believe in creating fun, encouraging, and uplifting race experiences for everyone who attends events with us. We cater to all types of runners: fast, slow, newbie, veteran, and everyone in between. The bottom line is, you are here to challenge yourself and have fun. So, do that!

I look forward to seeing you in a few days. I'll be at packet pick up and you might even see me on course and/or at the finish line.

If you have any feedback, please shoot me a [note](#)!

Carri Marlow | Golden Kettle Trail Series | Owner | Race Director

csmeventsllc@gmail.com

Follow us on [Facebook](#) & [Instagram](#)!

RACE ESSENTIALS

START TIME:

OPEN START

Start anytime Saturday 7:00am – 11:00pm

*You should plan to be done racing by 12:30pm as we will start picking up the course markers at that time

LOCATION:

The address for Oleson Cabin is:

N9156 Duffin Rd

Whitewater 53190



PACKET PICKUP:

Race day packet pick up only, starting at 7am on Saturday.

RACE TRANSFERS:

Please [email](#) us BEFORE the race to make any changes to your registration. Race day changes can be made, please let us know when you pick up your packet if you plan to run a different distance.

GOLDEN KETTLE VILLAGE:

- Synchrony PT Recovery Zone!

Carrie and Kathy of Synchrony PT will be onsite for runner support, questions, and high fives per usual. In addition, Golden Kettle runners can sign up to receive a complimentary mini recovery session. The Synchrony PT pros will get you all set up to lounge in the NormaTec compression system after your race! This system helps to decrease tissue inflammation, clear metabolites, and improve range of motion. Look for the Synchrony PT table when you check-in on race day and sign up for a quick post-race session.

- Beer provided by Hubbleton Brewery will be available to participants age 21 and older.
- Live music by [Kevin Wypiszinski Music](#) from 8:00am to 10am.
- Merchandise will be available for purchase – t-shirts, long sleeve t's, custom mugs, sweatshirts and BOCO hats.

COURSE DETAILS:

Choose from any of our three courses - Short, Middle or Long. The courses will be marked with our flags and we will give you info at packet pick up.

- [Short Course](#) - 3.5ish miles

The short course follows our red course flags.

- [Mid Course](#) – 7ish miles

The middle course follows our green course flags.

- [Long Course](#) – 12ish miles

The long course follows our blue course flags.



PARKING:

Roadside parking is available. Please be sure to get all four tires off the road when parking. There will be a short walk up to the trailhead. You do not need a state park sticker for this event.

RESTROOMS:

There are NO restrooms at the trailhead, please plan accordingly.

There are porta potties located at about mile 5 of the long course.

AID STATIONS:

There is one unmanned aid station located at about mile 5 and 7 of the long course. All courses are out and back.

EVENT SPONSORS

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